

# Sri Lanka Journal of Advanced Research Studies

**IN HUMANITIES AND SOCIAL SCIENCES** 

Volume - 11 / No. 2 July - December 2021



NATIONAL CENTRE FOR ADVANCED STUDIES IN HUMANITIES AND SOCIAL SCIENCES (NCAS)

# Sri Lanka Journal of Advanced Research Studies in Humanities and Social Sciences

Volume 11. No.2 July-December 2021 ISSN 2012-9149 ISSN: 2386-1266 (Online)

National Center for Advanced Studies in Humanities and Social Sciences (NCAS) 6A, Sukhastan Gardens, Ward Place, Colombo 07, Sri Lanka 2021

# Foreword

It is with great pleasure that I present the Vol. 11. No. 2 of the Sri Lanka Journal of Advanced Research Studies in Humanities and Social Sciences (SLJARS) to mark the continuation of the Academic tasks undertaken by the NCAS. With the belief that the ongoing dialogue within the realms of Humanities and Social Sciences is to be continued beneath the idealistic understanding of intellectual curiosity and critical examination, we present the continuation of our esteemed journal. The vibrant knowledge always dealing with resolving the complexities of human existence, culture, and society, especially in an era of technological advancements and involvements, to overcome the global challenges, the insights and perspectives offered by the humanities and social sciences have become more crucial than ever, as we highlighted in our previous volume.

In this edition, we have endeavored to include a wide array of research that reflects the interdisciplinary nature of these fields. The contributions span across disciplines such as anthropology, sociology, history, philosophy, political science, literature, and cultural studies, among others. This diversity not only highlights the interconnectedness of different areas of study but also demonstrates the multifaceted approaches required to address complex questions about humanity and society.

The National Center for Advanced Studies in Humanities and Social Sciences (NCAS) being the only Research Institute of Sri Lanka governed by the Universities Act No. 16 of 1978, is happy to thrive and embark novel studies in Humanities and Social Sciences under its broader objectives to enhance the capacities and the equilibrium of such studies. Thus, the Annual Research Journal of the NCAS aims to be a beacon for scholars, researchers, and practitioners who delve into these profound and diverse areas of inquiry. Established in 2005, the NCAS commenced its first Journal in 2007, and continues to publish every year in two (02) Parts, with the blind review by the local and overseas subject experts. We are happy to announce that the Sri Lanka Journal of Advanced Research Studies in Humanities and Social Sciences (SLJARS) has been recognized by the 'Sri Lanka Journals Online' since 2007.

It is important to note that each article of the journal represents a significant contribution to our understanding of the human condition, showcasing rigorous research, having unique and innovative methodologies with critical analyses. While some are so significant on exploring historical pathways, and cultural phenomena, some are pillars of examining contemporary social issues and policy impacts. However, the depth and the breadth of topics covered here showcase the richness and diversity inherent in the humanities and social sciences.

A special note is endorsed with regard to the Vol. 11. No. 1 & 2, which was expected to be published in 2021. Due to the COVID-19 pandemic, the routine work and tasks were collapsed, and many of us joined on virtual platforms and accepted the virtual reality at its zenith. The research collaborations and field research are not exempted in the particular setting. The NCAS continued its tasks and performances at its best and obtained the research articles remotely from the scholars and researchers. However, the process was not that efficient due to certain other hindrances i.e. the Wi-Fi facilities and the economic crisis, yet were are happy to announce that now in 2023, we are ready to publish the Vol. 11. No. I & II after having a thorough review process.

I extend my deepest gratitude to the authors, reviewers, and editorial team whose dedication and hard work have made this edition possible. Their commitment to scholarly excellence ensures that this journal continues to be a vital platform for intellectual exchange and discovery. I am confident that the insights and findings presented in these pages will inspire and inform future research, contributing to the ongoing dialogue that shapes our understanding of the world.

## Professor (Mrs.) Prashanthi Narangoda

Director/NCAS

## **General Editor Professor (Mrs.) Prashanthi Narangoda** Director, National Centre for Advanced Studies in Humantities and Social Sciences, Sri Lanka.

**Executive Editor Dr. Sampath Chandrasena** Senior Assistant Librarian, NCAS

Language Editor Dr. Lishanthi Wijeywardana Senior Lecturer, Department of English Language Teaching, University of Sri Jayewardanapura, Sri Lanka

## **Cover Page Design** Palinda Rasanjith Medage

## Reviewers

**Professor Deepa Mathur** Department of English, University of Rajastan, India

**Dr. Chitramala Dissanayake** Department of Chikithsa, Gampaha Wickramarachchi University of Indigenous Medicine, Sri Lanka

**Dr. Bina Gandhi Deori,** Department of Ancient History, Culture & Archaeology, Vishwa Bharathi University, India

**Professor Kalinga Tudor Silva** Department of Sociology, University of Peradeniya, Sri Lanka

**Dr. Sanjeewa Maithreepala** Department of Mechanical and Manufacturing Engineering, University of Peradeniya, Sri Lanka

**Dr. Jagath Bandara Pathirage** Department of Sociology, University of Colombo, Sri Lanka

**Dr. Ramani Rathnamali Jaysinghe** Department of English Language Teaching, University of Kelaniya, Sri Lanka

**Professor Kaushalya Yatigammana** Department of Commerce and Financial Management, University of Kelaniya, Sri Lanka

## Published by

National Center for Advanced Studies in Humanities and Social Sciences (NCAS) 6A, Sukhastan Gardens, Ward Place, Colombo 07, Sri Lanka Sri Lanka Journal of Advanced Research Studies in Humanities and Social Sciences Vol. 11 No. 2, 2021 © NCAS 2021

All Rights Reserved. No material in this publication may be reproduced without the written permission of the publisher.

*NCAS Research Journal* is a bi-annual research journal of the NCAS, Colombo, Sri Lanka. It seeks to provide a platform to the academics, practitioners, policy makers and other stakeholders of various dimensions of to present their research findings and to debate on issues of mutual and common interests for the benefit of the local and global community.

**Disclaimer:** The views expressed and the information contained in the articles included in this journal is the sole responsibility of the author/s, and do not bear any liability on the NCAS.

\* Sri Lanka Journal of Advanced Research Studies in Humanities and Social Sciences is a continuation of **the Sri Lanka Journal of Advanced Social Studies** published since 2011, which is registered under Sri Lanka Journals online (<u>https://sljass.sljol.info/</u>)

## Contents

1	Sadia Shepard's Memoir <i>The Girl from Foreign:</i> A Quest for Cultural Roots	1-20
	<b>Ramesh Prasad Adhikary</b> Department of English, Tribhuvan University, Nepalgunj	
2	Indian Knowledge Tradition and its Contribution to Development of Medicinal Sciences	21-28
	<b>Dr. Rewant Vikram Singh</b> Director, Swami Vivekananda Cultural Centre, Sri Lanka	
3	Anthropological reflections on water consumption patterns around CKDu in Ginnoruwa	29-46
	<b>Upul Kumara Wickramasinghe</b> Department of Anthropology, University of Durham, UK	
4	Blended Method of Assessment: A Success Case study based on Engineering Faculty Students <sup>1</sup> BHJ Pushpakumara, <sup>2</sup> Faiz MMT Marikar <sup>1</sup> Faculty of Engineering, General Sir John Kotelawala Defense University <sup>2</sup> Faculty of Health Science, The Open University of Sri Lanka	47-52
5	Enduring death and bereavement: An Analysis of Sinhala Buddhist Funerary Practices and Worden's 'Four Tasks of Mourning' Vishanka Gunawardana Navy Headquarters, Colombo, Sri Lanka	53-68
6	The Prospects of Translanguaging in the second language learning classroom: Undergraduates' Perspectives and Experience Himesha Prabodini Alahakoon General Sir John Kotelawala Defense University	69-78
7	Review of Prevailing Trends in Online Learning amidst COVID-19 Pandemic: Empirical Study in Higher Education Sector in Sri Lanka <sup>1</sup> S. Chandrasena , <sup>2</sup> W.A.R. Senevirathne	79-106
	<sup>1</sup> University of the Visual and Performing Arts <sup>2</sup> Faculty of Management Studies, Open University of Sri Lanka	

## **Submission Guidelines**

## Word Limit

- Article: Between 2,000 8,000 words (Maximum 30 pages including reference list, tables and figures).
- Keywords: Between 4 8 keywords.
- Title: Approximately in eight words.

## Format

- Articles must be typed, double-spaced and single-sided and numbered using Cambria Font size 11.
- Title of the article should be in Cambria font size 14.
- Names, titles, affiliations and correspondence e-mail of all authors must be mentioned beneath the Title of the Article.
- Tables and figures should be numbered in the order in which they are referred to in the text, e.g. : (Table 1), (Figure 1).
- All acronyms used repeatedly should be cited in its entirety along with abbreviation in parentheses on first reference. e.g. : National Centre for Advanced Studies (NCAS).
- All subsequent citations should use onl by the abbreviation.

## References

- The journal uses intext citations, therefore the authors are advised to follow the same.
- Place the footnote number at the end of the sentence in which it appears.
- Old documents cited in the text must be included in the reference list at the end of the paper.
- The authors are advised to refer Harvard Referencing Guide when citing (<u>https://dkit.ie.libguides.com/harvard/citing-referencing</u>)

#### Submission

- Manuscripts must be submitted electronically by e-mail to <u>editor@ncas.ac.lk</u> preferably in Microsoft Word (.doc or .docx) or Open Document Format (.odf).
- All submitted manuscripts are subject to double blind peer review process, and for recommended revisions. Those that are accepted will be edited according to the journal standards.

#### **Submission Policy**

- Papers submitted to the Journal should contain original work.
- Papers that have been published or accepted for publication elsewhere will not be considered.
- The editorial Board adopts strict rules to prevent plagiarism. Electronic software tools and other devices are used to cross check any plagiarism. i.e.https://www.grammarly.com/plagiarism-checker: https://www.turnitin.com/

#### Checklist

Ensure that the following are included with the article.

- Author details in full.
- A word count.
- An abstract.
- Keywords.
- References in Harvard style.
- Tables : numbered using <u>Roman numerals</u> and mentioned in the text.
- Figures : numbered using <u>Arabic numerals</u> and mentioned in the text.



www.nacs.ac.lk/journal

NATIONAL CENTRE FOR ADVANCED STUDIES IN HUMANITIES AND SOCIAL SCIENCES (NCAS)